

## Emergency Kits

Prepare to shelter in place for 72 hours



### Money:

- Cash/small bills
- Change for payphones
- Traveler's cheques

### Lighting:

- Crank flashlight(s)
- Candles + matches/lighter
- 12 hour light stick

### Food, Water, Personal Items:

- 2L of water (per person per day)
- Canned food
- Manual can opener
- Dried food
- Granola and energy bars
- Food and water for pets
- Formula, infant food, diapers
- Medications
- Toilet paper
- Personal hygiene items
- Bio hazard bags

### Safety and Tools:

- Portable crank radio
- Whistle
- Fire extinguisher
- First aid kit
- Duct tape
- Dust masks
- Plastic sheet
- Tools: hammer, screwdriver, wrench, pliers, multi-knife, etc.
- Work gloves
- Camping supplies, cook stove

**Place everything in a waterproof bin.**

## Go Kits

For quick evacuation place a backpack by your door



Fill it with:

- First aid kit
- Crank flash light and radio
- Keys to house and cars
- Identification
- Insurance papers and other important documents
- Money
- Medication
- Snacks and water
- Change of clothes
- Cards or small games for kids
- Paper and pencil
- Toilet paper, personal hygiene items

## Insurance

The Canadian insurance industry pays \$1.7 billion/yr in claims due to water damage and floods have replaced fires as the most expensive source of home insurance claims.

Consider purchasing flood insurance for your home such as sewer back up coverage and overland flood coverage.

For more information contact EOS at:

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# Reducing Flood Impacts at Home



## Tips for Inside

- Store important items up high where they won't get damaged.
- Keep hazardous materials like paint, oil and cleaning supplies elevated.
- Elevate furnaces, hot water heaters and electrical panels.
- Anchor fuel tanks to the ground so they can't float, tip over and leak out.
- Make sure vents and fill lines for oil tanks are above flood levels.
- Install a sump pump if appropriate for your home.
- Install a sewer backflow valve if you are on municipal sewer system.
- Install a water alarm to let you know if there is water in your basement.
- Know where and how to shut off your home's electricity, gas and water.
- Prepare to evacuate your home if necessary.
- Have someone check your house when you are away.



## Tips for Outside

- Ensure proper grading around your home.
- Keep eaves, storm drains and culverts free of debris.
- Patch cracks in foundation.
- Seal leaks around windows.
- Extend downspouts at least 6 feet away from home foundation.
- In winter, clear snow away from foundation.
- Separate sewer and storm drains.
- Move your car to higher ground.
- Move other items outside to higher ground.
- Unplug outdoor electrical equipment.
- Sandbag around houses and sheds.
- Harvest ripened crops.
- Use a rain barrel to collect runoff.
- Reduce runoff by planting rain gardens. (Water-loving plants absorb water and slow the flow of stormwater.)
- Plant more trees and perennials and have less lawn.
- If you have a larger property, look into a stormwater retention pond.
- Reduce hard surfaces such as concrete pathways and paved driveways.

## After a Flood

- Do not walk or drive in flood waters.
- Do not drink well water or municipal water until it has been tested.
- Make sure electricity is off if water is in your home.
- Call remediation company.
- Clear debris, dry out the house, remove affected drywall and insulation.
- Build back better – elevate appliances, use flood proof materials, don't put valuables back in the basement, re-grade the land around your house, don't finish your basement, don't build a basement, build on posts, etc.
- If you live in a flood plain, it may not be wise to build back in the same location as flooding could impact you again.

### Family Flood Plan

1. Where will you meet up if you are separated during the day?
2. How will you communicate?
3. Where will your family stay if you can't get home? Do you know your evacuation route?
4. What about plans for pets and livestock?
5. What will you do with your vehicles and where will you move items such as hazardous materials?
6. Does everyone know the emergency contact numbers?
7. How will seniors in your family be taken care of?
8. What do you need to put in your emergency kits?